



Christwood
GROW FORWARD







Welcome to your next journey. Along the way, we **hope** it brings **joy** and **friendship**, meaning and **inspiration** in ways that enrich and touch those around you. Step out of your comfort zone. **Breathe**. Enjoy something new. Do everything you've always loved but perhaps lost sight of. Most of all, grab *life* head-on and **grow forward**. This is just the beginning. Welcome to **Christwood**.
We hope you'll join us soon.

A close-up photograph of a red car's hood and windshield. The car's body is a vibrant red, and the windshield is a clear blue. The text "LIVE BOLD, AGE BETTER" is overlaid in a large, white, bold, sans-serif font, centered on the windshield. The background behind the car is a blurred green, suggesting foliage.

**LIVE BOLD,
AGE BETTER**



The Best-Kept Secret on the Northshore.

At Christwood, retirement is anything but ordinary. This is a place where life expands — socially, creatively, and joyfully, while staying stronger for longer. Here, you'll find more than just a beautiful place to live — you'll find purpose and connection that's shared through the camaraderie of enthusiastic people, each with a fascinating story.

Set on 117 lush acres, just minutes from charming downtown Covington, we're proud to be the region's only not-for-profit Life Plan Community. We think you'll find us to be the perfect blend of independence, peace of mind and genuine fun.

So, stop waiting for the "right time" to live life fully. Because those who know how to live, know where to live.





FREEDOM BY DESIGN





WHERE YOU LIVE SHOULD FEEL LIKE YOU

Independent Living at Christwood is all about freedom, centered around choice, comfort, and flexibility. With 17 unique floor plans, you're sure to find a maintenance-free residence that fits your taste and budget.

Love being near the action? Our spacious Atrium and Premier Apartments offer concierge-style living with easy access to first-rate amenities and spontaneous social gatherings. Prefer a more traditional neighborhood feel? Our cozy cottages — up to 2,000 square feet — offer the privacy of a single-family home.

What truly empowers residents to thrive is the assurance that comes from knowing we will always be here to support you if your health needs ever change.

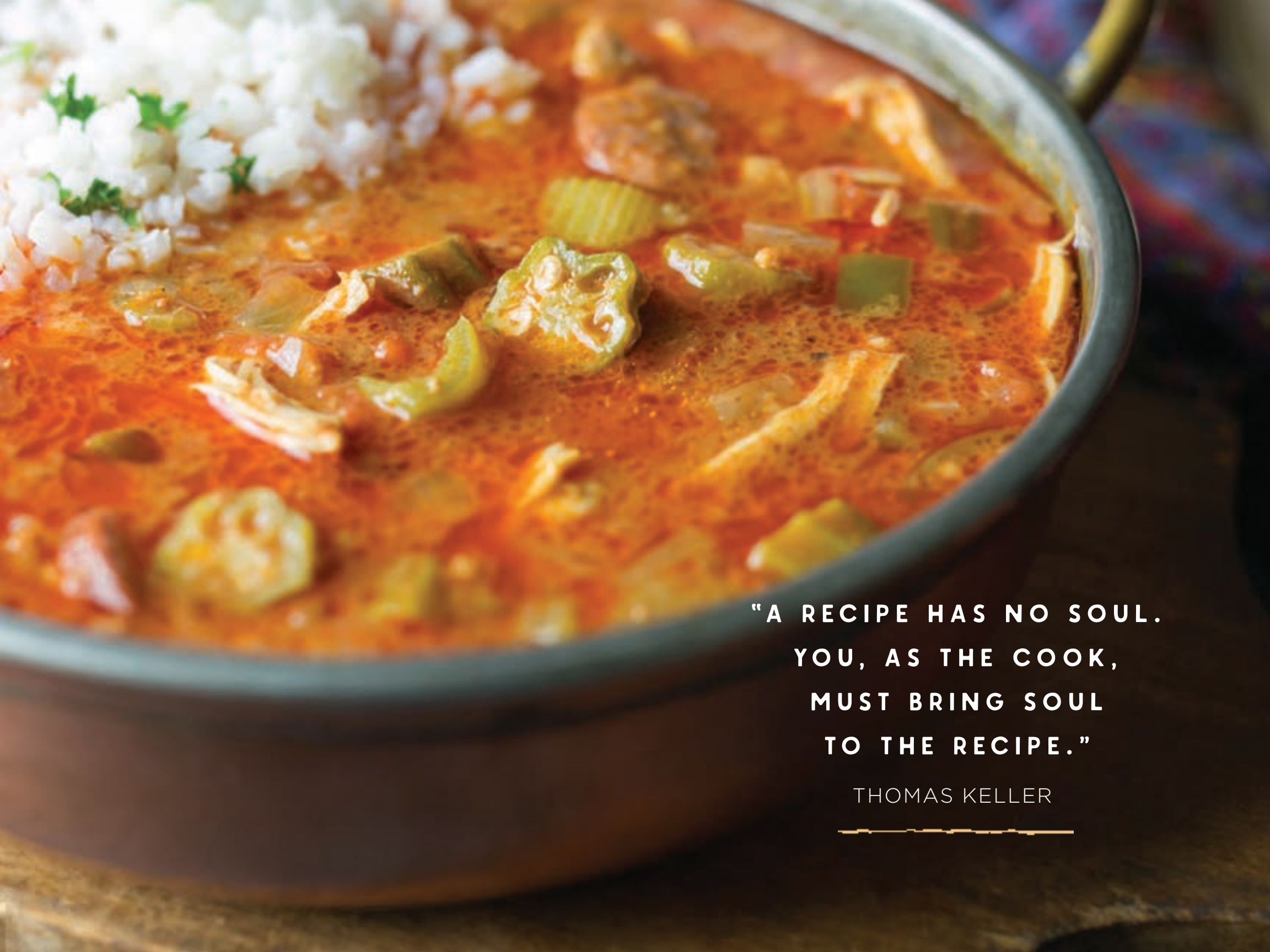
Seduce Your Senses.

Food is such a joyful part of life, especially when shared with friends and family and served with a warm smile. Our goal is to cater to everyone's tastes and appetites, making the dining experience a highlight of every day.

Whether it's regionally inspired fare or personalized dietary options, our culinary team crafts every made-to-order dish with care using the finest ingredients. Meals here are not only a time to nourish the body, but also a time to discover new tastes, socialize, and enjoy the company of others.

From fun themed dinners to catering for your special occasions, it's all about flavor, flexibility, and feeling at home. And you can choose to dine where you want, when you want, in any of our venues.





**"A RECIPE HAS NO SOUL.
YOU, AS THE COOK,
MUST BRING SOUL
TO THE RECIPE."**

THOMAS KELLER





**COME
HUNGRY.
LEAVE
SMILING.**

THE HARVEST ROOM

Whether it's Sunday brunch, a casual lunch, or an elegant dinner, enjoy a full-service, fine dining experience seven days a week. With always-available favorites and chef-crafted daily specials, every dish is made to delight and support your well-being.

THE PATIO PUB

Grab lunch, dinner, or unwind at happy hour in the Harvest Room Pub — the relaxing spot for good food, great drinks, and even better conversation.

ATRIUM CAFÉ


Located within the Atrium Gallery Lobby, aside the fireplace lounge, our casual bistro-style cafe serves a tempting menu filled with flavorful sandwiches, fresh soups, salads, and creative daily specials.

FOREVER FIT KITCHEN

Nestled in the Christwood Community Center, meals are crafted with wellness in mind - helping you nourish your body without sacrificing flavor. Enjoy a quick bite from our selection of entrees and grab-and-go options, perfect for those on the move.



**STILL GOT IT,
STILL GOING**



When You Choose Christwood, Life Expands.

This is where curious minds thrive and active spirits never sit still — unless they want to. Our fascinating residents are thinkers, doers, creators, and explorers who love staying socially engaged while enjoying all the perks of amenity-rich living.

Whether it's a rousing game of pickleball, an afternoon art class, an evening with the New Orleans Symphony Orchestra, or a week-long community group trip out west, every day brings a new opportunity to connect, grow, and enjoy life.

With a robust calendar of lifelong learning programs, intergenerational opportunities, fitness and wellness classes, cultural excursions and more, you'll always find something new to discover — and someone interesting to share it with.

So, bring your heart and your story to this one-of-a-kind community designed for your one-of-a-kind life. The only question is, what will you try next? Ever tried tai chi?



**"THE BEST I CAN DO
IS STAY HAPPY!"**

LOUIS ARMSTRONG



**WHAT SETS
US APART IS
THE WAY WE
BRING PEOPLE
TOGETHER**





Far more than a gym, the Community Center at Christwood is here to help you thrive. This 23,000-square-foot sanctuary is a lively, judgment-free space where wellness meets joy, friendships flourish, and every visit adds something meaningful to your life.

Join a water aerobics class, unwind in the spa, meet new friends over a healthy lunch, take a swing at pickleball, or attend an art opening or concert. This is your space to move, laugh, learn, and live well — with people who get it.

The Community Center is open to the public, with memberships available to those aged 55 and better.



Community Center
at Christwood



FITNESS THAT FITS YOU

Our state-of-the-art fitness center features Precor treadmills, CyberCycles, and Hoist ROC-IT weights — all in a supportive, setting. Prefer group energy? Join one of our many wellness classes, including yoga and aerobics. It's fitness, your way —at your pace.



THE NEW PETER CUTT PAVILION & RECREATION CENTER

This exciting new space features two indoor pickleball courts, an HD MultiSport Simulator for golf, hunting, and more. Plus you'll find flexible meeting spaces ideal for gatherings, events, and parties.



DIVE INTO WELLNESS

Our expansive, heated indoor pool is perfect for low-impact fitness, relaxation, and recovery. Enjoy aquatic classes, lap swims, or personalized therapy sessions led by exercise physiologists —all in a warm, stress-free environment.



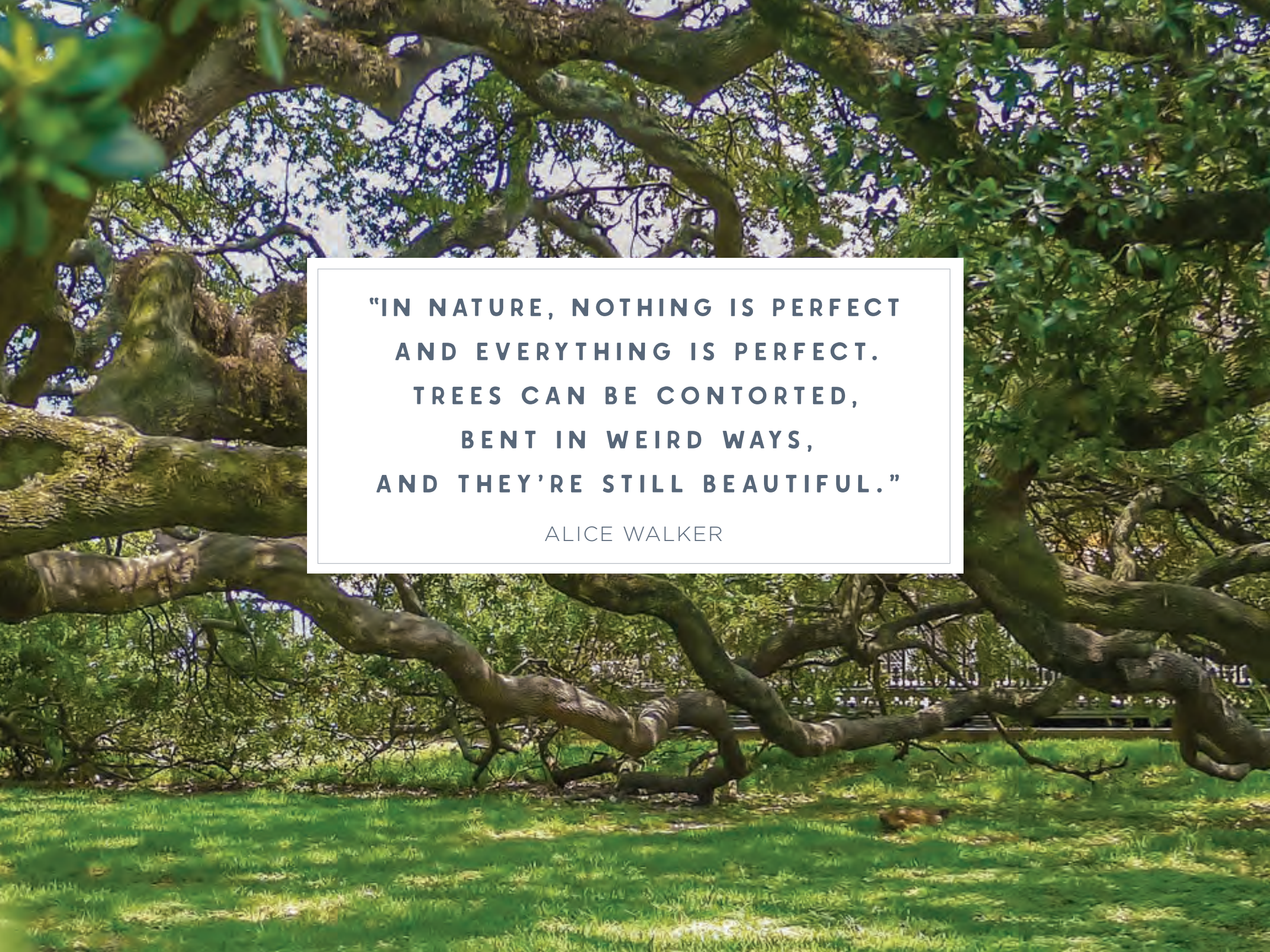
EAT WELL, FEEL GREAT
Fresh, flavorful, and wholesome, enjoy delicious sandwiches, soups, salads and fresh-brewed coffees. Dine in or grab-and-go.



STEP INTO SERENITY
The Lotus Spa is your go-to for total relaxation and self-care. Treat yourself to massages, facials, manicures, pedicures, waxing, revitalizing skincare and expert hair care. Open to the public (18+).







**“IN NATURE, NOTHING IS PERFECT
AND EVERYTHING IS PERFECT.
TREES CAN BE CONTORTED,
BENT IN WEIRD WAYS,
AND THEY’RE STILL BEAUTIFUL.”**

ALICE WALKER

**LET THE
OUTDOORS
WELCOME
YOU IN**





A Campus Surrounded by Nature.

A hidden gem, Christwood's nature-filled campus is where life grows in every direction. Wander through lush gardens, serene woodlands, and welcoming, walkable neighborhoods — dog in tow.

Watch butterflies drift by or herons glide across the pond, shaded by a century-old live oak. A popular spot — The Harvey Trace — a raised boardwalk winding through preserved wetlands, ending at a peaceful pavilion, perfect for quiet reflection, impromptu art sessions, or a sunset dinner. It's one of those “only at Christwood” touches — thoughtful, personal, and full of heart.

And with campus-wide generators, you'll have peace of mind throughout Louisiana's storm season, ensuring lights stay on, elevators keep running, and residents stay safe and secure.

You don't find a place like this every day. But once you do, you won't want to leave.

The Atrium Gallery



**“YOU CAN’T USE UP CREATIVITY.
THE MORE YOU USE, THE MORE YOU HAVE.”**

MAYA ANGELOU



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Small white label with text and a QR code, partially obscured by a shadow.



Small white label with text and a QR code, partially obscured by a shadow.





ROOTED IN COVINGTON, OPEN TO ALL

Christwood is deeply woven into the vibrant fabric of Covington. Our campus is a welcoming hub where creativity blossoms. We regularly host art exhibits, concerts, community lectures and events in partnership with local organizations — inviting neighbors in and enriching life on both sides of our gates. It's this spirit of openness that makes Christwood a true cornerstone of the Northshore.



A WARM WELCOME TO LOCAL CREATIVITY

Our **Atrium Gallery** serves as a creative center that connects the Covington community through art. Featuring rotating exhibits by talented regional artists, each exhibit opens with a festive reception that includes mingling, music, and festive refreshments. With its fireside setting next to the Atrium Café, it's the perfect place to pause, reflect, and be inspired.



A NEW VOICE FOR CULTURE ON THE NORTHSHORE

In partnership with WWNO New Orleans, Christwood brings a new cultural connection to the Northshore with the launch of **WCWD 89.5 FM**. As the official licensee, this new station delivers WWNO's beloved classical music programming, providing a clearer, stronger signal and a deeper connection to the region's cultural heartbeat.



BRIDGING GENERATIONS, BUILDING COMMUNITY

Intergenerational connection is a beautiful part of life, thanks to our partnership with **Christ Episcopal School** next door. Through shared activities like the pen pal program, students writing resident biographies and music, students and residents form meaningful relationships that spark joy and foster a sense of purpose, proving that community knows no age.



Exclusive Access, Unsurpassed Care

There's something profoundly reassuring about knowing the care you may one day need is already in place, right where you live. As the region's only Life Plan Community (also known as a Continuing Care Retirement Community or CCRC), we offer a full spectrum of top-rated healthcare services right here on our beautiful campus — without financial surprises.

If your needs should ever change, we're here to meet them with warmth, dignity, and respect. That's peace of mind for you and your loved ones — today, tomorrow, and always.

Compassionate On-Campus Health Services:

- In-home Companion Services
- Assisted Living
- Memory Care
- Acute and Long Term Nursing Care
- Rehabilitation Therapy

WHAT IS A LIFE PLAN COMMUNITY?

A Life Plan Community is a senior living community for active, independent adults who want a plan in place for future health care needs. Also known as a Continuing Care Retirement Community (CCRC), a Life Plan Community makes it possible to live on the same campus as you grow older with access to progressive levels of care on-site if ever needed. At Christwood, levels of living include:

INDEPENDENT LIVING

Residence options include maintenance-free apartment homes and spacious cottages. An all-inclusive package of services and amenities is geared toward helping residents stay active and independent.

COMPANION & PERSONAL CARE

Non-medical, in-home care services are available on a fee-for-service basis. Services are provided in the comfort and privacy of your cottage or apartment home.

ASSISTED LIVING

Provides round-the-clock help with activities of daily living such as bathing, dressing, or medication management. Residents are encouraged to be as independent as possible and can participate in a wide variety of life-enriching activities, programs, and events.

MEMORY CARE

Longleaf Cognitive Care at Christwood provides a safe, supportive environment for residents living with Alzheimer's or other types of dementia. Compassionate, specially trained staff provide care based on individual needs and routines.

SKILLED & REHABILITATIVE CARE

Short-term rehabilitation and ongoing long-term nursing care are provided in our top-rated health center. Physical, occupational, and speech therapies are also available on an inpatient or outpatient basis.

DO ALL LIFE PLAN COMMUNITIES OFFER LIFECARE?

Life Plan Communities offer a variety of contract options, but not all Life Plan Communities offer LifeCare. A LifeCare contract guarantees residents care for life with no significant increase in monthly fees. With LifeCare at Christwood, your assets can be preserved while you get the care you need from a team you trust in a community you love — at a predictable price.



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RETURN OF CAPITAL ENTRANCE FEE PLAN

Christwood residents selecting the Return of Capital Entrance Fee Plan will receive a minimum refund of eighty percent (80%) of the entrance fee paid no matter how long they live at Christwood.

- If termination of the Residency Agreement by the resident occurs during the thirty (30) day rescission period, Christwood will make a full refund of the entrance fee paid, under the terms and conditions of the Residency Agreement.
- If the termination of the Residency Agreement by the resident occurs after occupancy, the amount of the refund due to the resident or the resident's estate will be the fee paid, less one percent (1%) per month for each month of the resident's occupancy at Christwood, until the guaranteed minimum refund of eighty percent (80%) of the entrance fee paid is reached (twenty months).

TRADITIONAL ENTRANCE FEE PLAN

Christwood residents selecting the Traditional Entrance Fee Plan will receive a refund upon termination of the Residency Agreement only if the termination occurs within forty-five (45) months of initial occupancy by the resident at Christwood.

- If termination of the Residency Agreement by the resident occurs during the thirty (30) day rescission period, Christwood will make a full refund of the entrance fee paid, under the terms and conditions of the Residency Agreement.
- If the termination of the Residency Agreement occurs after occupancy, prior to the end of the forty-fifth (45) month of occupancy, the amount of the refund due to the resident or the resident's estate will be the entrance fee paid, less a ten percent (10%) sales and processing fee, and less an additional two percent (2%) per month for each month of occupancy at Christwood by the resident.

Ten percent (10%) of the entrance fee for the living accommodation selected is due upon execution of the Residency Agreement.



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MAKING LIFE SIMPLER, EASIER, AND MORE ENGAGING.

At Christwood, our maintenance-free lifestyle gives you more time to do the things that matter most. Join a fitness class at the Community Center. Explore your creative side in the art studio. Meet friends for lunch in the Atrium Café. Follow your passions and seize the day. You'll find a wide variety of programs, amenities and services designed to enhance your quality of life.

RESIDENT SERVICES

- Bi-weekly housekeeping
- Weekly flat linen and towel laundering
- Home maintenance and repair
- Landscaping and lawn care
- Basic cable TV and Wi-Fi service
- Complimentary medical transportation provided (Monday-Thursday)
- Business Center
- Newspapers delivered
- Banking and postal services
- Individual storage area
- Emergency call system
- 24/7 security

COMMUNITY AMENITIES

- Harvest Room fine dining
- The Patio Pub
- Atrium Café
- Forever Fit Kitchen
- Private dining room
- Fully equipped fitness center
- Six-lane heated indoor pool
- Indoor pickleball courts
- Interactive game room with HD sports simulator
- Art studio
- Outdoor fire pit
- Art gallery
- Three libraries
- Game rooms
- Fireside lobby
- Beehive convenience store
- Bloom gift shop
- Pea Patch community garden
- Gazebo and picnic area
- Paved walking paths
- Boardwalk through preserved wetlands
- Dog park
- Fishing ponds

SUPPLEMENTAL SERVICES

- Additional meals for residents or guests
- Full-service salon and day spa
- Computer and IT assistance
- Personal transportation services
- Personal fitness training
- Swimming lessons
- Guest room
- Primary care services at Vieux Care on-site health clinic



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BUILT FOR COMFORT AND CONVENIENCE.

Christwood offers a wide choice of independent living options including spacious single-family cottage homes plus an extensive selection of one-, two-, and three-bedroom apartments. Optional custom upgrades give you the opportunity to make your new home your own. Whichever floor plan fits your needs, you can look forward to a maintenance-free lifestyle and a host of services designed to make life easier and more enjoyable.

PREMIER APARTMENTS

Situated in four neighborhoods in our two-story Premier building, these beautiful apartment homes feature modern kitchens, nine-foot ceilings, and large windows with scenic garden views. Conveniently located near our dining room, pub, and meeting spaces.

- One-, two-, and three-bedroom floor plans
- Twelve different floor plans from 588 sq. ft. to 1,558 sq. ft.
- Bay window and/or patio or balcony
- Monthly fees start at \$3,348 with an entrance fee of \$232,300

THE ATRIUM

Open plan design is taken to a whole new level at The Atrium. Atrium apartments feature ten-foot ceilings and surround a spacious central atrium with an art gallery, fireside lounge, library, and café. It's a popular common area and event space that extends your own living space.

- One- and two-bedroom floor plans
- 1,141 sq. ft. and 1,400 sq. ft.
- Private balcony or patio
- Monthly fees start at \$6,594 with an entrance fee of \$435,000

THE COTTAGES

These single-family homes offer the space and privacy of a suburban home without the maintenance worries. Situated in a quiet neighborhood of 18 residences, the cottages are just a short walk or golf cart ride away from community amenities and activities.

- Two- and three-bedroom floor plans
- Four different plans from 1,635 sq. ft. to 1,985 sq. ft.
- Attached double garage plus golf cart garage
- Monthly fees start at \$7,697 with an entrance fee of \$659,200

Entrance fees are based upon the size of residence and contract option chosen. Monthly service fees cover all the services and amenities you're entitled to as a resident of Christwood.



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See how much your current monthly expenses are costing you and compare the total to what's included at Christwood.

MONTHLY EXPENSE ITEM	CURRENT EXPENSE	CHRISTWOOD
Monthly fee, mortgage or rent	\$	\$
HOA/Condo fees	\$	✓ <i>Included</i>
Real estate/property taxes	\$	✓ <i>Included</i>
24/7 Security	\$	✓ <i>Included</i>
24-hour emergency response system	\$	✓ <i>Included</i>
Long-term care insurance	\$	✓ <i>Private residence in Health Center included</i>
Basic cable television	\$	✓ <i>Included</i>
Basic Wi-Fi internet	\$	✓ <i>Included</i>
Electricity	\$	✓ <i>Included</i>
Natural gas	\$	✓ <i>Included</i>
Water and wastewater	\$	✓ <i>Included</i>
Trash collection	\$	✓ <i>Included</i>
Pest control	\$	✓ <i>Included</i>
Home maintenance, interior/exterior	\$	✓ <i>Included</i>
Groundskeeping/landscaping	\$	✓ <i>Included</i>
Housekeeping and flat laundry	\$	✓ <i>Included</i>
Groceries, dining out, gratuities	\$	✓ <i>Continental breakfast daily & Choice Dining program</i>
Health club membership fees	\$	✓ <i>Community Center membership included</i>
Entertainment and education	\$	✓ <i>Included</i>
Social opportunities	\$	✓ <i>Included</i>
Newspaper/magazine subscriptions	\$	✓ <i>Library with wide range of publications</i>
Automobile maintenance, fuel, insurance	\$	✓ <i>Scheduled community transportation included</i>
TOTAL MONTHLY EXPENSES	\$	\$

A portion of your Monthly Service Fee may be tax deductible. Consult your tax advisor.

**Finished comparing? Now start exploring.
Schedule your tour today. Call (985) 898-0515.**



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A HELPING HAND TO SUPPORT YOUR INDEPENDENCE.

There may come a time when you or a loved one needs extra help with daily living. Assisted living at Christwood provides the help you need while promoting a sense of independence and well-being. Whether it's assistance with dressing, bathing, medication management, or mobility assistance, our team is ready to help whenever needed.

In addition to daily care and assistance, delicious meals are served family style in the Honeysuckle Dining Room. When you're not enjoying meals or relaxing in your private apartment, you can participate in fitness classes, educational programs, recreational activities, and outings to local restaurants.

- Private apartment with kitchenette
- Licensed nurse and certified nursing assistants available 24/7
- Personalized care plans
- Assistance with bathing, dressing, dining, and mobility
- Medication management
- Three chef-prepared meals served daily
- Housekeeping and laundry service
- Scheduled transportation
- Community Center membership
- Beauty salon/barber shop (additional fee applies)
- Access to on-site physical, occupational, and speech therapy
- Pet-friendly environment

To learn more about assisted living at Christwood, call us at (985) 898-0515.



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PROVIDING SUPPORT. FOSTERING CONNECTION.

Longleaf Cognitive Care at Christwood offers expert memory care and assisted living support for older adults living with Alzheimer's disease or other types of dementia. Caregivers receive specialized training in dementia care and are available 24/7 to assist with daily tasks and provide compassionate support.

DESIGNED TO PROMOTE ENGAGEMENT IN COMMUNITY LIFE.

Longleaf is designed to help residents feel comfortable and part of a community. Shared spaces, including a dining room, lounges, activity rooms, and an outdoor courtyard, encourage connection and engagement. Residents can participate in a variety of activities planned with individual abilities and interests in mind. These daily interactions boost mood, build friendships, and spark joy.

PRIVATE SUITES PROVIDE PERSONAL SPACE.

Each resident at Longleaf enjoys a private suite where they can choose to spend quiet time when needed. Residents are encouraged to bring personal items from home, such as family photos and cherished keepsakes, that help preserve their sense of identity.

- 29 private studio apartments
- Around-the-clock support provided by certified caregivers
- Licensed nurse on duty 24/7
- Medication management
- Assistance with bathing, dressing, and other daily activities
- Chef-prepared meals featuring fresh, seasonal selections
- Weekly housekeeping and linen service
- Social, cultural, and recreational programs
- Music concerts
- Secure outdoor courtyards
- Scheduled transportation
- Beauty salon/barber shop
- Family support and education

To learn more about memory care at Christwood, call us at (985) 898-0515.



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TOP QUALITY CARE DELIVERED WITH COMPASSION.

At Christwood, we're committed to providing outstanding skilled nursing care. Whether you or someone you love needs short-term or ongoing skilled care, our high staff-to-resident ratio and comfortable, homelike setting will give you the quality care and peace of mind you deserve.

We've received a 5-Star Rating from Medicare that few, if any, nursing centers in the Northshore can match. With just 30 private suites, skilled nursing residents at Christwood receive the personalized care they deserve. Our nurses and caregivers take time to get to know each resident, fostering a sense of connection, and helping to ensure continuity of care.

ENJOY THE PRIVACY OF YOUR OWN SUITE.

All skilled nursing residents enjoy a private suite that includes a bathroom with grab bars. In addition, residents benefit from services and amenities that contribute to their overall well-being.

- Private suite with bathroom
- Housekeeping and linen service
- Cable TV and Wi-Fi service
- Chef-prepared meals
- Assistance with activities of daily living
- Physical, occupational, and speech therapy
- Arts & crafts studio
- Outdoor patio and gardens
- Salon and barber shop

We accept Medicare, private pay, and select private insurance plans.

To learn more about skilled nursing at Christwood, call us at (985) 292-1212.



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GETTING YOU BACK TO THE LIFE YOU LOVE.

When you need to recover from an accident or surgery, there's no better place to get stronger faster than the rehabilitation center at Christwood. Our experienced team of therapists and nurses will provide the personalized care and treatment you need to get back to doing the things you love.

FULL SUPPORT FOR A SUCCESSFUL OUTCOME.

Our dedicated team of physical, occupational, and speech therapists will work with you and your physician to develop a rehabilitation program tailored to your abilities and goals. Our nursing team of RNs, LPNs, and CNAs is available around the clock to support your recovery.

RECOVER IN COMFORT.

Rest and relaxation are important parts of your rehabilitation plan. At Christwood, you'll enjoy a private suite, chef-prepared meals, and 24/7 support so you can focus on your recovery. Assistance with activities of daily living, transportation to medical appointments, and other support services are also available.

- On-site physical, occupational and speech therapy
- Nursing team available 24/7
- All private suites
- Housekeeping and linen service
- Cable TV and Wi-Fi service
- Chef-prepared meals
- Outdoor patio and gardens
- Salon and barbershop
- Social and support services, including coordinating medical appointments
- Transportation to medical appointments

We accept Medicare, private pay, and select private insurance plans.

To learn more about short-term rehabilitation at Christwood, call us at (985) 898-0515.



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SMALL-TOWN CHARM. BIG-TIME ATTRACTIONS.

Christwood is just a short drive from downtown Covington. With its popular Arts and Historic Districts, walkable downtown, and fun festivals, it's easy to see why Covington was named the Best Small Town in Louisiana by *Southern Living* magazine. There's a thriving culinary scene and, if you love the outdoors, you'll find rivers, lakes, state parks, and bike trails to explore. Following is just a sample of what our Covington, LA location has to offer:

SHOPPING



- Lee Lane
- Nord du Lac shopping mall
- Farmers Market
- H.J. Smith & Sons General Store & Museum

DINING



- English Tea Room & Eatery
- Mattina Bella
- The Gloriette French restaurant
- LOLA
- Del Porto Ristorante
- Café Rani
- New Orleans Food and Spirits
- Meribo
- Hoodoo Ice Cream

ENTERTAINMENT



- Covington Trailhead Museum and Visitors Center
- Insta-Gator Ranch and Hatchery
- Furhmann Auditorium

ARTS AND CULTURE



- Covington Historic District
- Covington Arts District
- Three Rivers Arts Festival
- Three Rivers Theater
- Atrium Gallery at Christwood
- Saladino Gallery
- Playmakers Community Theatre
- St. Tammany Art Association

OUTDOORS



- Brooks Bike Shop
- Tammany Trace bike path
- Fountainebleau State Park
- Bogue Falaya Wayside Park
- Pelican Park
- Tchefuncte River
- Mandeville Lakefront

HOSPITALS



- St. Tammany Parish Hospital
- Lakeview Hospital
- AVALA Hospital
- PAM Health Specialty & Rehabilitation Hospital

Christwood

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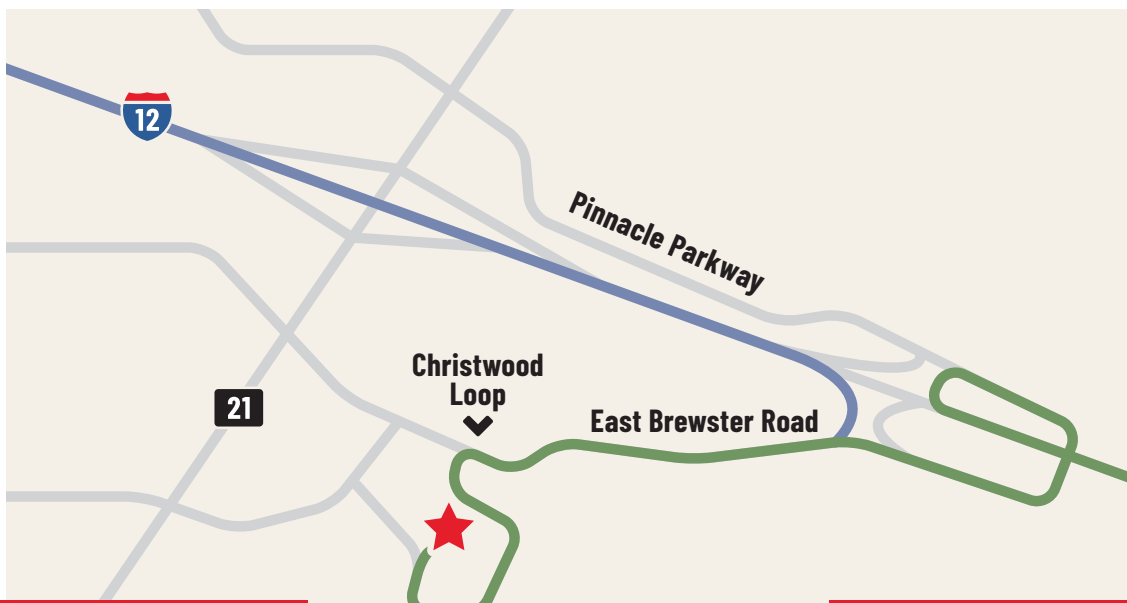
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FROM INTERSTATE 12 WEST

Take exit 60 Pinnacle Parkway/East Brewster Road. Keep right and follow the road, looping under the bridge and continuing onto East Brewster Road. The entrance to Christwood will be on the left, past Walk-On's and across the street from The Brewster Commons Apartments. After entering the gates onto Christwood Boulevard, keep left and follow the road toward the Welcome Center. Park near the entrance with the large, covered awning. Once inside the octagonal lobby, turn right to reach the Marketing offices.

FROM INTERSTATE 12 EAST

Take exit 60 Pinnacle Parkway/East Brewster Road and stay to the right. Continue onto East Brewster Road and the entrance to Christwood will be on the left, past Walk-On's and across the street from The Brewster Commons Apartments. After entering the gates onto Christwood Boulevard, keep left and follow the road toward the Welcome Center. Park near the entrance with the large, covered awning. Once inside the octagonal lobby, turn right to reach the Marketing offices.



Hammond
Denham Springs
Baton Rouge

Covington (Hwy. 190)
New Orleans
Slidell



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A LEGACY OF COMMUNITY SERVICE

Christwood is a not-for-profit Life Plan Community driven by a mission to *help seniors live with dignity, independence, and the assurance of needed physical, spiritual, and medical care. Christwood will also foster, sponsor, organize, develop, and participate in other activities of a charitable, educational, or scientific nature compatible with its mission.*

Since opening our doors in 1996 as the first continuing care retirement community on the Northshore, we've invested in our community to meet the evolving needs of the people we serve. Initially, we offered independent living, assisted living, and skilled nursing. In 2007, we expanded our residential options with single-family cottage homes. Since then, we've broadened our health services, adding rehabilitative and memory care, as well as an on-site direct primary care medical practice.

In 2013, we opened the Community Center at Christwood. This 23,000 square-foot wellness center is dedicated to helping older adults thrive and, in addition to serving Christwood residents, offers membership to Northshore residents age 55+. Members can swim in the six-lane, 25-yard indoor heated pool, take fitness classes, relax in the Lotus Spa, participate in social events, enjoy lunch in the Forever Fit Kitchen, and play pickleball indoors in the Peter Cutt Pavilion, which also includes an interactive game room with an HD sports simulator.

We also connect with the Northshore community through art. Our Atrium Art Gallery hosts exhibitions by local and regional artists throughout the year and is open to the public. Intergenerational connection is also part of life at Christwood, thanks to our close ties with Christ Episcopal School next door.

As we look to the future, we will continue to plan, develop, and innovate to maintain our reputation as the premier choice for seniors on the Northshore to enjoy a high quality of life and to strengthen our connections with the greater Covington community.

LEADERSHIP

In addition to an experienced management team, a dedicated local Board of Directors guides decisions and provides oversight to ensure Christwood remains true to its mission, plans thoughtfully for the future, and manages financial resources effectively.



100 Christwood Blvd. | Covington, LA 70433 | (985) 898-0515

ChristwoodRC.com



Christwood is a not-for-profit 501(c)(3) organization.

HONORING AND SUPPORTING VETERANS AND THEIR FAMILIES

At Christwood, we offer residents unique and meaningful experiences that honor and support Veterans and their families. The Louisiana Veterans Honor Medal Program is a good example. Each year, Christwood holds a special ceremony to present the Louisiana Honor Medal to eligible Veterans, recognizing their dedication, sacrifice, and service. This well-attended event is a proud and moving time for our entire community.

Additional opportunities and programs include:

- Behind-the-scenes military experiences such as the U.S. Army Black Hawk helicopter flight simulators at the Hammond Airport and tours of the F-15 fighter jet hangar at the Naval Air Station in Belle Chasse.
- Opportunities to learn about Louisiana's military history including visits to the Jackson Barracks Museum, the National WWII Museum, and the Old State Capitol.
- Special ceremonies to remember the fallen on Memorial Day and recognize those who served on Veterans Day.
- Veterans Labyrinth Walk at Christwood for Veterans, their families, and friends. Offered seasonally, the walk is a reflective journey to honor the service and sacrifice of our Veterans.

As we look to the future, we will continue to add events and experiences that reflect our deep respect for Veterans and their families who serve and sacrifice to defend our freedom.



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**“LIFE IS A LOT LIKE JAZZ;
IT’S ABOUT FINDING YOUR OWN RHYTHM.”**

LOUIS PRIMA



Christwood

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